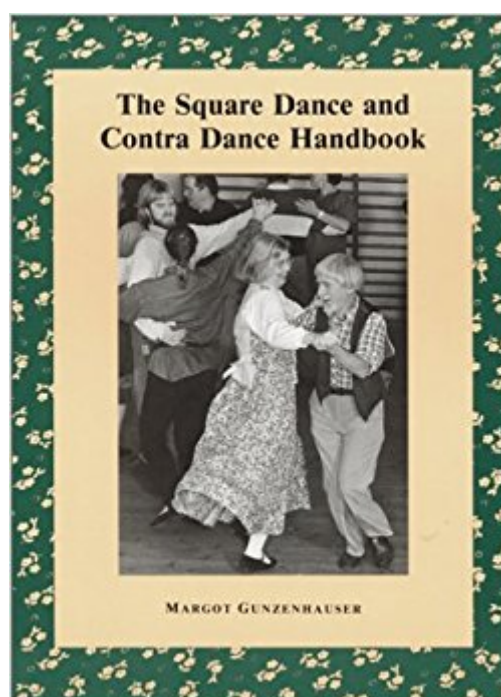


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# The Square Dance And Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, And Directories



## Synopsis

This comprehensive guide to traditional style square and contra dancing, sometimes referred to as country dancing, covers both music and style and gives background information on various dance types and calling techniques. Ninety dances, presented in chapters according to type (mixers, progressive circles, contra, Southern mountain style, squares and others), in a wide variety of formations are described with drawings and diagrams for many of the movements. A glossary of terms, a directory of addresses (organizations; vendors of books, recordings and audio equipment; and dance camps), and an annotated discography and bibliography are also provided.

## Book Information

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